

TEO FS-1 "Your Passport to Quality Health"

Fact Sheet

While TRICARE Europe is modeled after the TRICARE program in the U.S., the program here is tailored to serve the unique needs of beneficiairies living overseas. Here are some of the many benefits and programs available to you through TRICARE Europe Prime. If you have questions about your Prime health care plan, call or visit the TRICARE Service Center nearest you.

Primary Care Managers

One of the keys to good medical care is having a physician with whom you can discuss all of your health concerns. When you enroll in Prime, we assign you a Primary Care Manager (PCM) who will manage all of your health care needs. Your PCM will provide and coordinate all of your medical care, including any referrals for specialty care at a military treatment facility or from a host nation provider.

Preventive Medicine Benefits

TRICARE Europe Prime provides you with one of the best preventive health care packages available anywhere. Your preventive medicine benefits include free self-care classes, self-care books and educational programs focusing on major health issues. You will also find that your clinic offers an array of health promotion and disease prevention examinations. Check with your local TRICARE Service Center (TSC) for available services at your clinic.

All adult beneficiaries will receive a Health Enrollment Assessment Review (HEAR) questionnaire during the enrollment process. This survey is used by your PCM to help you identify and target your particular health risks. Please return the completed questionnaire as soon as possible.

TRICARE Service Centers

This is your one-stop shopping center for information about medical care in Europe and the continental U.S. Need help with an ill family member who is stateside? Have questions about medical coverage? Don't know what to do with that medical bill? Come and see us! See reverse for a listing of TRICARE Service Centers in Europe.

Access Standards

TRICARE Prime has established access-to-care standards. What does that mean to you? A guarantee that you will receive quality, timely care. Here are your maximum wait times for appointments:

- Acute illness 24 hours
- Routine visits 7 days
- Well visits or specialty care 30 days

Lower Costs

There are *no enrollment fees, no deductibles, no cost-shares, and no co-pays* for medical care received at a military treatment facility, for authorized medical care delivered by host-nation providers in Europe, or for medical care received while you are traveling in the United States when you are enrolled in Prime.

Patient Liaisons

Bilingual staff members will assist you in making appointments with host-nation providers and facilitate your care in civilian hospitals should you be admitted. Simply call the nearest TRICARE Service Center to speak with a patient liaison.

Preferred Provider Networks

We have special relationships and agreements with select providers in your host-nation country who agree to see U.S. personnel and families and to file TRICARE (CHAMPUS) claims for you. Listings of these providers are available at your TRICARE Service Center. Prior to seeking non-emergency care any host nation provider, you must get authorization from your PCM.

Medical Document Translation

If you receive medical care from a host-nation provider and the record of the visit or hospitalization is written in a foreign

language, your TRICARE Service Center can help you translate these important documents into English for your medical records.

Aeromedical Evacuation

One of the critical links of the TRICARE Europe health care network is the Aeromedical Evacuation System. Ramstein Air Base, Germany serves as the principal hub and headquarters for the 86th Aeromedical Evacuation Squadron. Regularly scheduled flights transfer patients from around Europe to the closest medical treatment facility that provides the appropriate specialty care.

HEALTH CARE INFORMATION LINE®

The Health Care Information Line is a free, confidential personal health management information service available 24 hours a day, seven days a week. By simply dialing an in-country toll-free number, you can get immediate answers to your health care questions, information on a variety of health care topics, or assistance in deciding when and where to seek medical help. Contact your local TSC for your toll-free number.

CUSTOMER SATISFACTION SURVEY

To ensure quality medical care is provided in a timely manner, DoD offers a patient satisfaction survey. Conducted by United HealthCare Corporation of Minnesota, the survey is sent at random to patients who have recently had an appointment in selected military clinics. Results of the surveys will be used by military health system personnel to improve services to our customers.

| TRICARE Europe Active Duty Family Member Civilian Care Costs | | | | | | | |
|--|-------------------------|---|---|--|--|--|--|
| CIVILIAN CARE BENEFITS | TRICARE EUROPE PRIME TR | | RICARE EUROPE STANDARD | | | | |
| | OVERSEAS | CONUS ¹ | OVERSEAS AND CONUS | | | | |
| Annual Deductible | \$0 | \$0 | If E1-E4, \$50 per individual with a maximum of \$100 per family. If E5 or above, \$150 per individual with a maximum of \$300 per family | | | | |
| Annual Enrollment Fees | \$0 | \$0 | \$0 | | | | |
| Prescription Drugs | \$0 | \$3/\$9 ² | 20% of allowable ³ | | | | |
| Point of Service Option ³ | | Deductible of \$300 per individual with a maximum of \$600 per family plus a co-payment of 50% of all allowable charges | Not offered under TRICARE Europe Standard⁴ | | | | |

¹ TRICARE Europe Prime enrollees may have to pay some costs for care rendered in the US if the provider is not accepting assignments (non-participating provider) and is charging more than the TRICARE maximum allowable charge (TMAC).

TRICARE Service Centers in Europe

TRICARE Europe Office, Sembach Airbase, Germany - Commercial: (country code 49) 06302-67-6312/6314 or DSN: 496-6312/6314

| Facility | Commercial Telephone | DSN Telephone | Facility | Commercial Telephone | DSN Telephone |
|---------------------------|-----------------------------|---------------|--------------------------|-----------------------|---------------|
| GERMANY | (Country Code 49) | | высши | (Country Code 32) | |
| Babenhausen USA Clinic | 06073-38-574/313 | 348-3574/3313 | Brussels NATO Clinic | 02-717-9503 | 365-9503 |
| Bad Aibling USA Clinic | 08061-80-3851 | 441-3851 | SHAPE (Mons) Clinic | 06-544-5837/5853 | 423-5974/5853 |
| Bamberg USA Clinic | 0951-300-7420/7897 | 469-7420/7897 | <u> सरागञ्ज</u> ञ | (Country Code 30) | |
| Baumholder USA Clinic | 06783-6-6570/6205 | 485-6570/6205 | Souda Bay USN Clinic | 0821-66-200-1580/1590 | 266-1580/1590 |
| Bitburg-Spangdahlem | 06561-69-3100/3110 | 453-3100/3110 | | | |
| USAF Hospital | | | TO THAND | (Country Code 354) | |
| Büdingen USA Clinic | 06042-80-820/789 | 321-4820/4789 | Keflavik USN Hospital | 425-3256/3229 | 228-3256/3229 |
| Butzbach USA Clinic | 06033-9821-45/48 | 345-4045/48 | | | |
| Darmstadt USA Clinic | 06151-69-7380/6791 | 348-7379/6791 | TOP NAY | (Country Code 39) | |
| Dexheim USA Clinic | 06133-69956 | 334-5956 | Aviano USAF Clinic | 0434-66-5133/5406 | 632-5133/5405 |
| Friedberg USA Clinic | 06031-81-3112/3652 | 324-3112/3652 | Camp Darby USA Clinic | 050-54-7883 | 633-7883 |
| Geilenkirchen USAF Clinic | 02451-99-3400/3401/3402 | None | Gaeta USN Clinic | 030-903-3068 | 632-7709/7710 |
| Giebelstadt USA Clinic | 09334-8-7411/7610 | 352-7610/7411 | La Maddalena USN Clinic | 0789-798-275/276 | 623-8275/8276 |
| Grafenwëhr USA Clinic | 09641-83-7424/8307 | 475-7424/8307 | Naples USN Hospital | 081-724-3671/3677 | 625-3671/3677 |
| Hanau USA Clinic | 06181-500-6608/6610 | 328-6608/6610 | Sigonella USN Hospital | 095-56-4848/4877 | 624-4848/4877 |
| Heidelberg USA Hospital | 06221-17-2362/2363 | 371-2362/2363 | Vicenza USA Clinic | 0444-51-8304/7294 | 634-8304/7294 |
| Hohenfels USA Clinic | 09472-83-4528/4538 | 466-4528/4538 | | | |
| Illesheim USA Clinic | 09841-83-512/588 | 467-4512/4588 | PORTUCAL | (Country Code 351) | |
| Kaiserslautern USA Clinic | 0631-411-6358/6359 | 483-6358/6359 | Lajes USAF Clinic | 295-57-2262 | 312-535-2262 |
| Katterbach USA Clinic | 09802-83-2619 | 467-2619 | | | |
| Kitzingen USA Clinic | 09321-305-415 | 355-8415 | SPAIN | (Country Code 34) | |
| Landstuhl RMC | 06371-86-6374/8234 | 486-6374/8234 | Rota USN Hospital | 956-82-3556/3552 | 727-3556/3552 |
| Mannheim USA Clinic | 0621-730-4708 | 380-4708 | | | |
| Ramstein USAF Clinic | 06371-46-2616/2557 | 479-2616/2557 | TORKEN | (Country Code 90) | |
| Rhein-Main USAF Clinic | 069-69719-265 | 330-4265 | Incirlik USAF Hospital | 0322-316-6628/8670 | 676-6628/8670 |
| Schweinfurt USA Clinic | 09721-96-6638 | 354-6638 | | | |
| Stuttgart USA Clinic | 0711-680-8625/8638 | 430-8625/8638 | UNITED KAINED OM | (Country Code 44) | |
| Vilseck USA Clinic | 09662-83-2026/2000 | 476-2026/2000 | Croughton USAF Clinic | 01280-70-8721 | 236-8721 |
| Wiesbaden USA Clinic | 0611-705-5248/7316 | 337-5248/7316 | London USN Clinic | 01895-61-6393/6328 | 235-6338/6324 |
| Würzburg USA Hospital | 0931-804-3372/3873 | 350-3372/3873 | London USN Clinic | 01895-61-6393/6328 | 235-6338/6324 |
| TRICARE Europe - | 06302-6302-67-7433 or | 496-7433 | Menwith Hill USAF Clinic | 01638-52-8688/8719 | 226-8688/8719 |
| Central TRICARE | from states 1-888-777-8343 | | St Mawgan USN Clinic | 01637-87-6111 | 234-3568 |
| Service Center (CTSC) | | | Upwood USAF Clinic | 01480-844-561/4502 | 268-4561/4502 |
| | | | | | |

² The lower rate is for a generic drug, the higher rate is for a brand name drug.

³ Using TRICARE Europe Standard, beneficiaries pay 20% of billed charges for care delivered in Europe, but only 20% of allowable charges for care delivered in the United States. Beneficiaries should always ask providers if they accept the TRICARE allowable payment rates.

⁴ The Point of Service Option is a special type of coverage that is only available to TRICARE Prime members. It applies when you elect to receive non-emergency medical care that hasn't been arranged by your Primary Care Manager.